

Rochester News, Weather & Alert Radio Stations

Printable scan log and preset planner | Updated August 2026

Suggested presets

Slot	Frequency	Station	Why / notes
Weather 1	162.400 MHz	NOAA KHA53	Primary Rochester-area weather and hazard broadcasts
Weather 2	162.525 MHz	NOAA WNG539	Western Monroe County backup from Spencerport
AM 1	1180 kHz	WHAM	Primary local news, weather, traffic and emergency information
AM 2	1370 kHz	WXXI	Public radio and local news backup
AM 3	1040 kHz	WYSL	Local and regional talk/news backup
AM 4	950 or 1280 kHz	WROC/WGR or WHTK	Sports/talk outlets that may interrupt for major local alerts
FM 1	105.9 MHz	WXXI News	Best FM option for local news and public radio
FM 2	92.1 MHz	WYSL	FM simulcast of WYSL 1040
FM 3	95.5 MHz	WYSL	Second WYSL FM translator; compare reception
FM 4	95.7 MHz	WROC/WGR	Sports/talk simulcast that may carry major alerts

NOTE: NOAA Weather Radio and amateur-radio channels are outside the standard AM/FM broadcast bands. Program NOAA channels in a weather radio or compatible handheld radio. Amateur radio channels will require a ham radio.

AM/FM news and alert stations

Band	Frequency	Station	Area	Use
AM	950 kHz	WROC / WGR	Rochester	Sports/talk; may interrupt for major local news or weather
AM	1040 kHz	WYSL	Avon / Rochester area	Local and regional talk/news backup
AM	1180 kHz	WHAM	Rochester	Primary local emergency, news, weather and traffic source
AM	1280 kHz	WHTK	Rochester	Sports/talk backup; may carry major alerts
AM	1370 kHz	WXXI	Rochester	Public radio and local news backup
FM	92.1 MHz	WYSL	Rochester	FM simulcast of WYSL 1040
FM	95.5 MHz	WYSL	Spencerport	FM translator of WYSL 1040
FM	95.7 MHz	WROC / WGR	Rochester	FM simulcast of AM 950
FM	105.9 MHz	WXXI News	Rochester	Public radio, NPR and local news

NOAA Weather Radio channels

Band: VHF | **Full NOAA Weather Radio range:** 162.400–162.550 MHz | Receive only; no license required

Area	Frequencies to scan	Key transmitters	General coverage
Rochester area	162.400, 162.425, 162.450, 162.475, 162.525 MHz	KHA53 Rochester (162.400); WNG539 Spencerport (162.525); WZ2536 Lyons (162.475); WXN29 Call Hill (162.425); WXN55 Bristol area (162.450)	Monroe County and nearby portions of Ontario, Wayne, Livingston, Genesee and Orleans counties; reception varies
Buffalo area	162.425, 162.525, 162.550 MHz	KEB98 Buffalo (162.550); WWG32 Little Valley/Cattaraugus (162.425); WNG541 Frewsburg (162.525)	Buffalo, Niagara Falls and surrounding western New York counties
Syracuse area	162.425, 162.450, 162.475, 162.525, 162.550 MHz	WXL31 Syracuse (162.550); WXM45 Middleville (162.425); WXN68 Watertown (162.475); KHC49 Norwich (162.525); nearby central New York transmitters	Syracuse, Onondaga County and surrounding portions of central New York

All seven NOAA channels

Channel	Frequency
WX1	162.550 MHz
WX2	162.400 MHz
WX3	162.475 MHz
WX4	162.425 MHz
WX5	162.450 MHz
WX6	162.500 MHz
WX7	162.525 MHz

Coverage is not a hard boundary. Terrain, buildings, antenna position and transmitter outages can affect reception. Test the channels you plan to use before an emergency.

Amateur radio channels

Anyone may listen. An FCC amateur-radio license is required to transmit (unless during an active emergency). During an emergency net, follow net-control instructions and keep priority channels clear.

Frequency	Amateur band	Class	Use	Programming
146.610 MHz	2 meters	VHF	Monroe County ARES/RACES repeater	−0.600 MHz offset; PL 110.9 Hz
444.450 MHz	70 centimeters	UHF	Monroe County ARES/RACES repeater	+5.000 MHz offset; PL 110.9 Hz
146.520 MHz	2 meters	VHF	National FM simplex calling frequency	Simplex; no repeater offset
446.000 MHz	70 centimeters	UHF	National FM simplex calling frequency	Simplex; no repeater offset

Amateur band ranges

Band	Frequency range	Class	Typical local use
2 meters	144–148 MHz	VHF	Most common local handheld and emergency-communications band
70 centimeters	420–450 MHz	UHF	Common local repeater and shorter-range communications band